

HISTORY & MISSION

The Neighborhood Family Resource Center was formed in 1996. Its mission is to provide community outreach in order to improve surrounding areas and to strengthen and unite neighbors in the spirit of unity and cooperation.

The Center's primary goal is to strengthen local communities by providing educational opportunities for area youth and residents and by partnering with local communities and government.

In pursuit of these goals, the Center has collaborated with the following communities: Wingate, Ponderosa, Pinecrest and Plato.

There are many social and economic issues facing these communities, and the Neighborhood Family Resource Center addresses these issues in several ways.

If you would like to make a tax deductible contribution, please contact:

Phone: 704.398.0820
nfrc25@yahoo.com

NEIGHBORHOOD FAMILY RESOURCE CENTER

The Neighborhood That Cares!



**Summer Day
Camp** 

**2631 Kenhill Street
Charlotte, NC 28208
Tel: 704.398.0820
Fax: 7043398.9790
Email: nfrc25@yahoo.com**



Summer Day Camp

Children & Teens **Ages 5-15**

Note: NFRC has been approved for Child Resources.

Camp Hours **9AM—4PM**

Pre-Camp Drop Off and Post-Camp Pickup are available upon arrangement.

Lunch will be provided by Child Nutrition Services of Charlotte Mecklenburg Schools who is sponsoring the Summer Food Program for Children.

Call to Register or Volunteer

704.398.0820

nfrc25@yahoo.com



Healthy Start,



Wellness Smart

The Neighborhood Family Resource Center
embraces the
HEALTHY CHILD INITIATIVES.

Healthy Habits—Eat Well, Stay Fit

This program will encourage children/youth to learn to eat healthy foods and exercise. Children/youth will be shown videos and read health education books. Healthy habits can help children/youth to develop healthy habits by serving nutritious snacks, limiting the availability of unhealthy foods and making active play an important part of the day.

Healthy Nutrition

This program gives children/youth a good look at the role of good nutrition in their lives. Children/youth will focus on the wide variety of nutrients and their part in a healthy diet. The children/youth will plan together a Food Guide Pyramid which will inform them of how to read food package labeling. Children/youth will work together on cutting out pictures of their favorite foods on the Pyramid. They will play food Bingo, utilize workbooks, coloring books, puzzles and quiz's.



Healthy Child Initiatives

Health Fair

The volunteers, counselors, and children/youth will plan a health fair together. They will organize a family health fair or participate in a community walk or health-related event. The volunteers/counselors will give the children/youth/family a certificate/sticker for their reward.

Healthy Choices

Healthy Choices was designed to help children/youth make positive decisions through problem solving skills, interactive role play, and real life stories. Healthy Choices promotes and builds self-esteem through Positive social interaction.

Smart Moves Science based program.

Life Skills

Life Skills will provide topics and discussions that will enhance self-esteem; decision making; communication skills; develop responsible attitudes and behavior; how to deal with feelings and express them in appropriate ways.

Volunteers/counselors/children/youth may make posters together that show pictures of how they may feel, such as, confused, angry, excited and embarrassed.